## *Icare HOME Training for Patients*

### Step 1: Show/Explain tonometer interface

- Power button: all indicator lights illuminate, hear a beep

- Load: green Load light flashes, ready to load the probe

- Measure: green Measure light flashes, ready to take a measurement; Measure button on top

- Repeat: yellow Repeat light flashes, hear 2 short beeps, retake measurement

- Done: green Done light or green check mark illuminates

- Service: Service light, 2 long beeps

### Step 2: Turn on tonometer & load probe

- Adjust the forehead & cheek rests according to personal support position tag

- Press & hold power button until you hear a beep, load light will flash when ready to load probe

- Remove the lid of probe container, turn tonometer onto its side, align probe container with probe base, turn the tonometer upward and remove probe container

- Press Measure button once to activate the probe

### Step 3: Align tonometer & take IOP measurement

- Measure light will flash when ready to take a measurement; Six individual measurements are needed for IOP result; press & hold the measure button for 6 measurements in a series or press the measure button 6 individual times; *a long beep & green check mark indicates reading is complete*

- Look straight ahead, bring tonometer near eye, forehead rest on forehead, cheek rest on cheek, tilt tonometer until probe base light turns green, look into center of green circle, press & hold measure button until hear long beep; Done light or green check mark will illuminate

- Press measure button once to activate probe for another measurement; repeat steps for other eye

- All results are stored inside the device, no need to keep any records

### Step 4: HCP measures him/herself, patient observes

### Step 5: HCP loads new probe, adjusts & documents proper support position distance for patient

### Step 6: Patient practices Step 2 & 3

- HCP observe patient and correct the tonometer position, if necessary

- *Patient repeat above steps up to 10 times for each eye, if patient cannot consistently measure after 10 attempts, they will be considered unable to measure IOP using HOME device*